Hamburg, PA 19526

Workers' Compensation Program: Designated Health Care Providers

The following procedures must be followed in case of work related injury or illness:

A. Immediately report the injury to your supervisor.

Any injury you sustain at work must be reported immediately to your supervisor. Failure to do so may delay your benefits or cause you to lose your rights to benefits. Supervisors must promptly report injuries to the appropriate personnel office.

B. Obtain medical care from a provider listed below.

†Patient First

Occupational Medicine Clinic 2600 Paper Mill Road Reading, PA 19610 484-220-0051

†Helmold, Karl W., MD

LVPG Orthopedics and Sports Medicine - Mauch Chunk Street

Orthopedic Surgery

316 Mauch Chunk St

Pottsville, PA 17901

570-621-9380

†Phillips, Jason C., M.D.

Orthopedic Surgery 2211 Quarry Dr Reading, PA 19609 610-396-5163

Optum

Available at any major pharmacy PHARMACY 800-393-1398

One Call Care

Requires adjuster approval PHYSICAL THERAPY 866-672-3064

†WorkCare at St. Joes

Occupational Medicine Clinic 2500 Bernville Road Reading, PA 19605 610-378-2455

St. Lukes Care Now - Hamburg

Occupational Medicine Clinic 9 Daves Way Hamburg, PA 19526 610-628-7201

Concentra Medical Center

Urgent Care Clinic 1114 Commons Blvd. Reading, PA 19605 610-926-0960

Tower Health Urgent Care, LLC

Urgent Care Clinic 101 Grand Street Hamburg, PA 19526 484-750-3890

One Call Medical Diagnostics

Requires adjuster approval

DIAGNOSTICS

866-672-3064

Heads Up

For the nearest location, please call the toll free number.

DENTIST
855-443-9872

Hospital

For Emergency Services, please go to the nearest hospital. $\label{eq:hospital} HOSPITAL$

(FOR EMERGENCY SERVICES ONLY)

C. Medical Emergency:

If you are faced with a medical emergency, you may secure initial emergency treatment from any of the above mentioned emergency facilities or any other emergency facility. However, any follow-up care to the emergency treatment must be with a designated health care provider.

- D. If you choose to treat with an out of state provider, you may be subject to balance billing.
- E. For medical treatment to be paid by your employer:
 - 1. You must select one of the physicians or physician groups listed above.
 - 2. You must continue to visit one of the physicians listed above or any specialist to which that provider refers you, if you need treatment, for Ninety (90) days from the date of your first visit. This requirement is in conformance with the Pennsylvania Workers' Compensation Act. Section 306 (F) (1) (i).
 - 3. After Ninety (90) days, if you still need treatment, you may continue with the same physician or you may choose to go to another physician or health care provider for treatment. If you decide to go to another provider, you must notify your employer of this action within five (5) days of your visit.
 - 4. Your bills will be paid if your physician or healthcare provider reports as required (within ten days after your first visit and at least once a month as long as treatment continues). You must notify the new provider that these reports are to be submitted to the following address:

AmTrust North America P O Box 94405 Cleveland, OH 44101 888-239-3909 Toll Free 678-258-8399 Fax

*For medical groups, all providers are eligible to render medical services.