

HAPPENINGS

A PUBLICATION OF HAMBURG AREA HIGH SCHOOL

Miss Stauffer takes over Hamburg's Winter Track and Field Team

Julia Doklan - 12

Miss Stauffer, history teacher at Hamburg Area High School, has officially become a coach this Winter Track season. For the past three years, Miss Stauffer had been helping Mrs. Fink; Miss Stauffer helped coach hurdles while Mrs. Fink focused more on sprints. Mrs. Fink, special education teacher, and retired teacher, Phil Kistler, had been head coaches of the track team for many years. After the arrival of her daughter, Mrs. Fink wanted to spend more time at home, so she decided to ask Miss Stauffer if she was willing to be head coach. Mrs. Fink would still be involved in helping, as she does for spring track; however; she is no longer the head coach. Miss Stauffer went to Tamaqua High School. There, she learned how to have extreme school spirit. She participated in track during her time at Tamaqua, doing a wide variety of events. She did the 100 meter, 200 meter, pole vault and the 1600 meter. She coaches hurdles and high jump. Mr. Menapace had sent an email to all faculty, when she first started teaching at Hamburg, about help needed coaching track in the winter and spring. Miss Stauffer and Mr. Blatt jumped at this opportunity; both of them wanting to get more involved in the school. Part of the reason for joining was to promote school spirit. Miss Stauffer had noticed Hamburg Area High School's students were not as enthusiastic about their school as she was about her's. She said, "in Tamaqua, it was weird is someone did not have school spirit. I think it is something Hamburg could grow and improve on." She wants to be a part of this change; she advocates for school spirit in both her classroom and in sports. Her goal as a coach is to help athletes keep moving forward. Teaching them the importance of being on a team and supporting each other is the most important part. She helps students to reach their own goals in their events and encourages them to push their limits while recognizing she is proud of them for the work they put in.



Being a coach and a teacher has benefits; she gets to become close with her athletes, as she spends a lot of time with them. Athletes express their hopes and goals with their coaches. Teachers do not often get to know their students on such a level as coaches know their athletes. When coaching and teaching intermingle, it makes her classroom a more comfortable place. That is something she is thankful for. It shows students that she is someone they can talk to. Her favorite quote is by Owen Wilson when he says, "I thrive on enthusiasm." It is very true to her own life. She is her best coach, teacher and person when those around her are enthusiastic. This is the reason she loves coaching so much; people supporting each other to be the best they can be is a powerful thing. She hopes to promote the same enthusiasm in the atmosphere of the school; this is the reason why school spirit is important. It makes students forget about negativity and makes them focus on the unity of the school, education can be amazing.

Student Athlete Spotlight: Shane Conrad

Ashley Perlaki - 10

"With a new day comes new strengths and new thoughts." That is a quote that Shane Conrad, a student at Hamburg Area High School thinks is a very influential quote when running or competing in a meet. Shane Conrad has been running since he was eight years old. He was inspired by his brothers, Wyatt and Jacob, because they both enjoyed running and competing in track and field events. Shane has been in track since grade eight and has enjoyed his experience ever since. Along with spring track, Shane also runs the 800 in winter track, which he started doing when he was a freshman. While running for a team he enjoys the rush of adrenaline and the feeling of winning a race. Shane prepares for his races by competing in a lot of 5ks and practicing on the weekends with his dad and brothers. Shane aspires to become a civil engineer when he is older. Right now Shane is in three honors classes and overall has a good grade in all of his classes. Sometimes Shane finds it hard to find time for homework, track practice, and friends, but overall has a organized plan on how to complete everything on time. When Shane is older he will still find time for running and practicing to keep himself in good health, because running is very important to him.



Cultural Geography teaches about the world

Kristen Martinez - 9

At the beginning of each school year students receive their schedules with both their required classes and the two different electives they have chosen. One of the many options for these electives is World Cultural Geography. It can only be taken by ninth and tenth graders, and lasts one semester, with World Physical Geography replacing it in the second semester. The Program of Studies describes the topics covered within this class as, "Students will explore major topics that are influential to international affairs. These topics include but are not limited to world religions, population, migration, conflict and culture." This class is taught by Ms. Stauffer and throughout the semester, it offers a wide variety of distinct lessons. These can be on different countries and can include some varying political topics, the cultural differences between contrasting regions, and the actual geography of the areas they focus on. Freshman Travis Noecker takes this class and says he really enjoys it. This was one of his top choices when he was picking his classes so he was glad to get into it. There are different projects they do to further their education and learning of the different countries and continents they are studying. He said, "Learning about the world around me is really interesting and I'm glad I took this class." He liked the first two quarters so he is also looking forward to the physical geography portion in the next coming semester. This is a fascinating class with plenty of individual topics that are covered, so students should definitely consider choosing it for their following year.

Four Twelve Coffee Shop is a great hangout for students

Madison Riegel - 9

The businesses in Berks county are growing, one of the businesses being Four Twelve, which is located on 4th street in our historic Hamburg. Four Twelve is a small coffee shop which opened in December of 2016. The coffee shop is open Mondays through Fridays 7 to 5, Saturdays 7 to 4, and on Sundays they are closed. The menu has a great variety from locally sourced treats. These treats include pastries and delicious waffles. The drink menu includes espressos, lattes, mochas, teas, hot chocolate, smoothies, and of course regular coffee. The coffee beans are sourced organically throughout the world. There are also seasonal menu items. The prices range from 2 to 5 dollars. During the summer, Four Twelve hosts an event weekly called Affogatos and Jams. An affogato is an italian dessert, which includes a scoop of vanilla gelato or ice cream and that is drowned with espresso. At the event, there is also live music. Many students from Hamburg Area High school love Four Twelve. Freshman, Kristen Martinez, loves Four Twelves frozen hot chocolate and the heavenly snickerdoodle pastry. For more information, please visit <http://www.fourtwelvecoffee.com/>



Approaching 2nd Semester and 3rd quarter



Lucas Gehring - 12

It seems as though the years we live through get somewhat faster the older we get. To think and feel that way is not abnormal. As people get older, they might say that their school or work week went by quickly and the weekends and vacations fly by even faster. Then all of a sudden, it is the new year and everyone wonders what happened to the old one. Perhaps the more someone ages, the more they mature and break down each day one at a time. There should never be a reason to rush one's life, but yet no matter

how slow a person might take it, the sun will always set and await to start another day.

Take a major school project for example. On the day it is given the class is told that they have three weeks to complete it, and everyone thinks there is plenty of time to work on it. Those three weeks go by and the portion of work completed so far is not sufficient enough. Our entire lives are surrounded with distractions, some of which are good and others not so much. Sometimes we put off things because when we try to work our way into them, they cause too much stress. Nonetheless, the bill still comes due. Whether it may be completely bombing a major project or getting a grade based off the effort someone puts forth.

For seniors, this is the last half of their last year in high school. Once graduating, everyone's future lies within the outside world. It is stressful to know where to begin and what a person wants to become as an adult. Not only can it be stressful, but it can also be scary. Not knowing what will become of someone's life is like riding a bike with a blindfold on, never knowing where one's going. Students have their own ways of dealing with thoughts like these, but it is a concerning matter that hits every person at some point in their lives. What matters the most is how we tackle our futures and how to make it a good one. Having a good paying job does not always pay off. Someone could make hundreds of thousands of dollars a year and yet be a very miserable person. Therefore, happiness, love, compassion, and a career to enjoy are what matter the most.

Antisocial Personality Disorder affects thousands

Archer Thomas - 9

Antisocial Personality Disorder (ASPD) is a personality disorder that often makes people feel no guilt or remorse. ASPD only affects 1% of the world's population which is around 70,000,000 people. There are 200,000 cases diagnosed in the United States every year. Antisocial Personality Disorder is also more common in males than females.

The causes of ASPD can range from having a parent with antisocial behavior to being in an antisocial environment. ASPD in children can be shown through hostility towards authority figures, aggression, frequently lying, or defiance. Teenagers with ASPD have a higher chance of substance abuse, getting into fights, stealing, or vandalism. When a student has APSD it can cause them to feel like school does not matter, which causes them to not finish work, skip school, drop out, or not participate in any activities.

It is a disorder that is very hard to treat people will often not go to therapy for ASPD until told to by a court. There is a medication called Clozapine that has shown positive results in men with Antisocial Personality Disorder. Clozapine lowers impulsive behavior and anger.

For more information visit: <http://www.minddisorders.com/A-Br/Antisocial-personality-disorder.html>.



Adviser: Miss Terri McCarthy; Editors in Chief: Quinn Holl and Alexandra Kline; Issue Layout Editor: Quinn Holl; Writers: Paiton Albrecht, Valeria Amato, Milannys Busquets, Jazmin Carroll, Chaslyn Christman, Grant Doklan, Julia Doklan, Lexxus Dries, Erin Furry, Lucas Gehring, Halle Gerner, Taylor Henn, Petra Hertzog, Kylee Landis, Kristen Martinez, Ashley Perlaki, Madison Riegel, Lauren Shebby, Archer Thomas. *Hawk Happenings* is a weekly publication created by the students in the Publications class at Hamburg Area High School. It is distributed free of charge throughout the Hamburg Area High School community. The opinions in this newspaper represent those of the student writers and do not represent the opinions of the faculty, staff, administration, or school board of the Hamburg Area School District. We are a member of the Pennsylvania School Press Association (PSPA), the National Scholastic Press Association (NSPA), and Quill and Scroll. If you have any questions or comments regarding *Hawk Happenings*, anything that appears in its pages, or if you would like to sponsor our paper with a donation, please contact Miss Terri McCarthy, *Hawk Happenings*, Hamburg Area High School, Windsor Street, Hamburg, PA, 19526. Our email address is termcc@hasdhawks.org and our phone number is 610-562-3861, x2327.



People make jerky easily

Jazmin Carroll - 9

Beef Jerky is a well-known food that people can buy or make themselves. It attracts many people's attention with a wide variety and many flavors to choose from. The meat they can choose from can range from beef, pork, chicken, turkey, and deer to name a few. After someone chooses their meat, they can decide to either mix a blend of spices or choose from the many spice kits available. Spice kits are a good starting point to begin making your own jerky.

Here are some instructions on how to make Jerky snacks from ground meat using a jerky kit. Choose how much ground meat you will be using. Five pounds is a good starting point as most jerky kits are made for five pound batches.

Mix cure and seasoning with a quarter cup of water into the ground meat thoroughly. Mixture will be sticky so gloves are recommended. After mixing, cover the container and refrigerate for at least four hours or up to 24 hours. Remove from the refrigerator, lay the seasoned meat between two large sheets of wax paper. Roll meat with a rolling pin into a large rectangular patty approximately one-quarter inch thick. Cut the rolled meat into strips one inch wide or wider with a wet table knife. Remove from the wax paper and place on the dehydrator racks. Rotate racks every half hour to hour. When your jerky has dehydrated enough, the color and texture will change. Dehydrate for at least two to three hours or longer if they prefer a dryer product. Internal temperature must reach a minimum of 165 degrees. Placing in an oven set at 300 degrees on a sheet pan for ten minutes will ensure internal temperature has been achieved. Place on cooling rack to chill then store in brown paper bags in the refrigerator. Paper bags will pull extra moisture from the jerky and allow the jerky to last longer. This will ensure your jerky will last at least a week or more.

With these simple instructions, homemade jerky can be made and enjoyed. A few instructions and a little bit of time and this simple method opens many possibilities with all different flavors and variations on homemade jerky.



Taylor Swift's reputation Stadium Tour Netflix special

Grant Doklan - 10

In November 2018, rumors exploded of a collaboration between Netflix and Taylor Swift after they followed each other on Instagram and Twitter. Whispers of a

tour movie began to spread like wildfire. The reputation Stadium Tour was deservedly the highest grossing North American tour of 2018, and Swift fans could not have been more thrilled to see their favorite superstar on a huge streaming platform like Netflix.

Swift came out of a long period of hiding in 2017 with the release of her 6th studio album reputation. However, she still did not appear at award shows until the following year. She appeared at the Billboard awards in May, where she took home the award for Top Female Artist. She then opened the American Music Awards with her song I Did Something Bad, bringing her back into the spotlight with an explosive performance. She snagged three awards, Best Tour, Best Pop/Rock Album and Artist of the year. She is now tied with Alabama for the second most AMAs won at 23 awards. Most recently, Swift made a surprise appearance at the Golden Globes to present the awards for Original Score and Original Song.

On December 13, 2018 - Taylor's 29th birthday - she announced the reputation Stadium Tour Netflix special. The movie released at midnight Pacific Time on December 31, 2018. It is a two-hour long movie that documents the last stop on the American leg of the tour in Arlington, Texas. Swift opens the tour with a performance of ...Ready For It? in a black sequin one-piece, followed by a slowed-down version of I Did Something Bad identical to the version performed at the AMAs.

Swift then introduces herself to the audience and performs Gorgeous. Afterwards, she provides fanfare with a mashup of favorites Style, Love Story and You Belong With Me. Next comes an assortment of song from the reputation album, including Look What You Made Me Do, End Game, King Of My Heart and Delicate.

Next Swift invites special guests Charli XCX and Camila Cabello to perform Shake It Off. Swift then takes out her acoustic guitar and performs Dancing With Our Hands Tied and All Too Well.

Other notable performances include the mashup of Long Live and New Year's Day which Swift dedicates to her fans who have helped her achieve such success. Another video plays after this performance that details Swift's fall from grace in 2016 and recent rise back to stardom with the reputation era. After this, Swift performs Getaway Car, hailed as the best written song on her newest album. The final performance of the night is another mashup, this time of We Are Never Ever Getting Back Together and This Is Why We Can't Have Nice Things featuring a huge fountain set piece that Swift disappears into at the end of the show.

Mikayla Slichter is a Taylor Swift fan who was not able to watch the reputation Stadium Tour. She was very excited when the tour movie was announced. "It was just like watching the tour live," she said of the Netflix special. "I was very pleased, the performances were really dynamic and cool." Slichter praised the movie for showing her what she was not able to see live.

To visit Taylor Swift's official website, click here <https://www.taylorswift.com>

To stream the reputation Stadium Tour special on Netflix, click here <https://www.netflix.com/title/81026251>

To stream the reputation Stadium Tour set list on Spotify, click here <https://open.spotify.com/user/zzlpwp9oqs59bqkasw2v6d96w/playlist/074AoVXFnnIKmSpz28uqe0>