

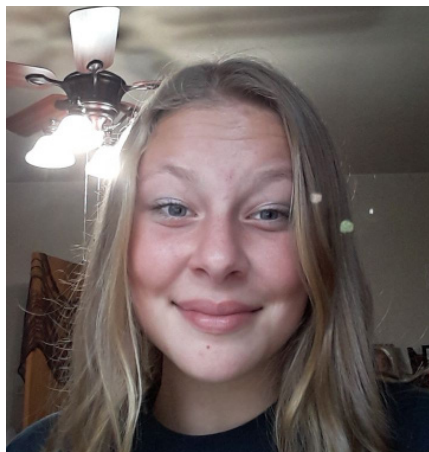
# HAPPENINGS

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A PUBLICATION OF HAMBURG AREA HIGH SCHOOL

## Student Spotlight: Angelina Carsto

Emily Smith - 10



Angelina Carsto, a resident of the Hamburg Area since she was born, is currently a sophomore at Hamburg Area High School and an accomplished student-athlete. Carsto has played soccer since she was in first grade, for a total of nine years. She frequently practices at home to ensure that her skills are always fresh. While quarantine for many people left them feeling down, Angelina used her time to improve her soccer skills by practicing drills and building endurance outside to ensure that she would be in peak physical condition for the fall soccer season.

Besides soccer, Carsto participated in gymnastics for three years, but sadly had to stop due to the closure of the gym where she practiced. However, she has recently had an interest in taking dance classes, preferably ballet; "I've never done dance before, but lately I have had an interest in taking ballet because ballerinas are so graceful." Other art forms that Angelina has taken a liking to are painting and singing, as the over five month long quarantine offered lots of time to hone in her artistic vision.

Her interest in the arts has also reflected on her choices for her electives this year, as she decided to take Piano 1. Carsto enjoys the playing the piano because "you can create however many kinds of songs with it and it always sounds so delicate." There is no doubt that Angelina will be just as successful at playing the piano as her other endeavors.

Angelina's foremost goal is to pass all of her classes in order to make it to her junior year and in the upcoming future, graduation. While she has not decided exactly what her profession will be, she is sure that she wants to attend a local school to in order to remain close to loved ones; "I would like to go to Penn State Berks so that I can stay close to my family." Perhaps a career in the math or science field, as these are her favorite subjects? Whatever her decision may be, one thing is for certain: Angelina will be ready for whatever her future holds because of her hard work ethic and determination to improve everyday.

## Breast Cancer Awareness Month

Alison Gassert - 12

October 2020 is Breast Cancer Awareness Month, an annual campaign to increase awareness of this disease. Breast cancer is simply put, when cancer starts in the breast. Other than skin cancer, breast cancer is the most common cancer among American women. The best way to screen a woman who has no symptoms for breast cancer, is to conduct a mammogram. A mammogram is an X-ray picture of the breast and is the most effective method of catching breast cancer in the early stages. Symptoms of breast cancer include a new lump in the breast or underarm, thickening or swelling of part of the breast, irritation or dimpling of breast skin, redness or flaky skin in the nipple area of the breast, pulling in of the nipple or pain the nipple area, nipple discharge other than breast milk, any change in the shape or size of the breast, or pain in the breast.



The main factors that influence breast cancer risk are being a woman and getting older. Other risk factors include changes in breast cancer-related genes, having the first menstrual period before age 12, never giving birth or being older when your first child is born, starting menopause after age 55, taking hormones to replace missing estrogen and progesterone in menopause for more than five years, taking birth control, a personal history of breast cancer or breast problems, a family history of breast cancer, getting radiation therapy to the breast or chest or being overweight, especially after menopause. Also, as unbelievable as it sounds, men can get breast cancer too.

Go to [nationalbreastcancer.org](http://nationalbreastcancer.org) to donate and learn more about the various charities dedicated to raising awareness about and treating breast cancer.

## Health: how to help stop COVID-19

Wyatt Holl - 11

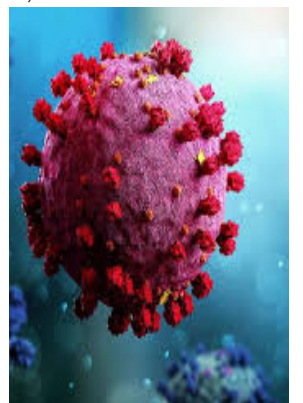
No matter who you are, what you do, or the state of your life, COVID-19 has affected it, and the only way to reverse the ramifications is by taking action and doing your part.

Many people think to themselves, can I really make a difference? The short and simple answer is yes, you can make a difference in today's world. In order to fend the onslaught of COVID cases across the world, you should wear a mask, consistently sanitize, and stay home as much as possible.

A very simple way to help solve the COVID situation is by wearing a mask at all times in public places. Masks are a very effective way at repelling the spread of the virus. They prevent saliva droplets infected with illnesses from hitting people while talking or interacting with one another. They also permit less strict social distancing policies among groups of people. However, one common misconception made with masks is that people believe they prevent the person wearing it from getting COVID. This is not true, masks only prevent the wearer from spreading it to others. The disease can still land on someone's skin and eventually work its way into their system. As a result, the vitality is of extreme importance for everyone to wear a mask.

Another way to help prevent the spread of the virus is by sanitizing furniture, tools, or any other implement that you have touched. The idea is that if someone with the virus uses something, the virus is eliminated from the object after they use it. This is especially useful in schools or restaurants. After a student utilizes an instrument such as a pencil, or sits in a chair, the objects and furniture will be cleaned before anybody else should touch them. Most importantly in restaurants, cleaning utensils, wiping down seats, tables, and replacing anything else at the table that may have been exposed is more important than ever. While eating, your mask is off, and so the chance of a person spreading the virus to an object or another person is at an even higher risk. Those who are creating the food should also be extremely careful. If a cook has COVID but does not know it, he/she could very well be spreading COVID to all of the food they interact with. Which would of course, sauce cases to soar beyond control.

Finally, the most effective way to prevent the spread of COVID-19, and to help stop deaths from it skyrocketing, is to stay home. Quarantining, though we have all had enough of it by now, is by all means the greatest way to stop disease. If no one is outside of their home and in public to spread COVID, there will be no cases. Of course, there are certain circumstances in which quarantining is near impossible. Many jobs require on hand, in person workers to keep things going. Stopping them from working would not only make them unemployed, but it would also shut down society as a whole. Making a visit to the grocery store is also a necessity because every person needs food and appliances. Even so, maintaining an established, safe protocol at all times during this crisis is key for COVID's end. So continue upholding your part, and put an end to the virus once and for all.



## HALLOWEEN SPIRIT WEEK!

October 26-30, 2020

DRESS CODE RULES STILL APPLY !!!!

MONDAY : **PINK OUT** (Breast Cancer Awareness Month)

TUESDAY : **Devils (red)** VS. **Angels (white)**

WEDNESDAY : **FLANNEL DAY**

THURSDAY : **Jersey Day** (Wear your favorite sport jersey)

FRIDAY : **COSTUME DAY!**

## Underclass Picture Re-Takes October 28th periods 1 & 2

\*Announcements will be made when  
it's time for you to report.\*



# Celebrate a Pagan Tradition

Justin Hoy - 11



Halloween, as certain people celebrate it today in our modern society, was not originally celebrated as gaining or receiving candy and money, but started as a “pagan” holiday over, 2,000 years ago, to protect and defend themselves against spirits.

The tradition of Hallowenn, the original holiday being named Samhain, was a celebration by Celtic cultured tribes in Ireland, the United Kingdom, and parts of France as the end of a year and the beginning of a new one, mainly affected by the harvest of their crops. The event also included honoring and protecting themselves from spirits since the Celtic people believed that the day before the new year, which inspired this event through their calendar and hardest section of the year, there would be a return of spirits to Earth, from death. Every October 31, which was the day they celebrated and this event occurred between humans and spirits, the people would honor the spirits in order to protect their crops from the winter climate, as well as having their priests of their religious beliefs, named druids, make predictions on the harvest of that year and the climate/ weather of the winter season to assist the people with their crop harvest. In order to appease the spirits, from destroying their crops and predicting the winter weather for the season, the druids decided to light a huge bonfire, making sacrifices and wearing masks to honor the spirits and have the winter season be not as harsh affecting the outcome of the fall harvest.

Multiple other traditions, celebrations, and events occurred during this section of the year in multiple cultures and nations during this ancient era, affecting and influencing the modern traditions and transition of the Celtic Samhain celebration into the Halloween traditions that are present today.

Two influential traditions celebrations that influenced the Celtic holiday was during the Roman occupation of parts of the United Kingdom, from 43-410 A.D., which was the Roman celebration of Feralia (occurred in late October/ fall to honor the Roman dead like the Mexican celebration of Day of the Dead and All Souls Day on November 2) and the honoring of Pomona (the Roman goddess of fruit, crops, and the harvest), affecting the traditions and events of the Celtic celebration through 400 years of forced occupation and cultural incorporation/ integration of certain traditions. One example of this cultural influence by the Romans is the apple bobbing during Halloween since Pomona was represented by the apple, signifying and symbolizing her representation of the Roman fruit and harvest/ forest or trees.

Another event that affected/ influenced our modern Halloween traditions occurred 200 years after the Romans left the United Kingdom occupation in 410 A.D. When on May 19, 609 A.D., the Catholic Pope Boniface IV, ordered the official day of All-Saints Day to celebrate the catholic martyrs, influencing the Celtic holiday by this forced Catholic conversion and integration of traditions. This forced integration of fall traditions by both cultures incorporated the Catholic saints with the mask wearing of Celtic tribes during the holiday, having saints and devils (which inspired the monster masks of modern Halloween traditions) by using masks to honor the spirits of the holiday. It influenced and modified the traditional Celtic traditions by the implementation of Catholic traditions of martyrs, altered by Irish cultural traditions of Halloween during the fall season.

During the mass migration of Irish people to the United States during the Irish Potato Famine, from 1845-1849, the traditions of Halloween, being altered and mainly influenced by the Catholic All-Saints Day but retain some traditions of the Celtic holiday of wearing masks. Costumes and influencing inspiring spirit related ideas, heavily affected the culture of the people in the United States. Throughout the years afterwards, mainly in the 1920's, the holiday became famous for the demon mask wearing, strange celebration of spirits, and the implementation of gifts/ receiving of candy at parties. The implementation of receiving candy, eventually, influenced people in modern society to give candy to people while “trick or treating”, being influenced by 1920's parties of the traditional Celtic celebration. Through these strange traditions of spiritual honoring, movies and books were eventually inspired by the holiday, influencing the minds and people and the traditions of the “American culture” in the United States in our modern society.

For more information, visit <https://www.history.com/topics/>.

Seely, a 1 year old Yellow Lab in training for The Seeing Eye, enjoys spending time in the library.



# Movie Review: Coraline

Orion Holl - 9



The movie Coraline created in 2009 directed by Henry Selick was a great hit. The creator of this movie Neil Gaiman created this show stopping stop motion picture movie. This is classified as a dark fantasy movie as there are parts of horror involved. The whole movie was filmed in a stop motion picture where they created each character and scene in great detail as miniatures. Gaiman is a writer, graphic novelist, a filmmaker, a collaborator, and above all, a storyteller. Gaiman has created some of this generation's best works. Often beautiful and dark, always inventive, his stories are a cut above the rest. Gaiman shares that the story came from his daughter, Holly, when she was just four years old. She would create wonderfully weird stories, including one about a little girl (also named Holly) whose mother was not really her mother, and little ghost girls that helped her escape the evil witch. Sound familiar? The name Coraline was actually going to be Caroline as Coraline was a typo and seemed to fit the character much better.

The film starts with an 11 year old girl named Coraline living with just her mom and dad. Her parents get too involved with their own work, and do not pay attention to her. Her parents still love her, but they are much more involved in trying to earn money to have their keep. They moved into a giant pink house with two neighbors living in the attic and the basement. Exploring the house in greater detail on the bottom floor she finds an unexpected door framed shape. This door was very small as if it were cut in half, she yells to her mom to find a key to open the door. After her mom gets very annoyed she finally opens the door to quiet Coraline down. The door had been sealed so the mother cut open the frame and unlocked it to find a brick wall. Upsetting as it was for Coraline she still persisted that there was a reason for this.

The same night when Coraline was in bed she saw mice walking around her door, very curious she decided to follow the mice down the stairs to the same door that had been blocked off. This time however, the door was open with a galaxy looking pathway that led through what was the brick wall. Coraline crawling through the crawl space ends up back into the same house again. This time was different though, as she walked into the kitchen she saw her mother, but with button eyes. This one of my favorite movies and the quality, music, and attention given to this movie is awesome. This movie is unlike any other I will ever see. Anyone who loves older stop motion picture movies will be sure to love this one.

**Blood Drive November 13th**  
**7:30 am - 3:30 pm.**

**Contact Mrs. McCarthy to sign up for a time.**

**GET YOUR CORD:**

**Donate Blood or Volunteer 3 or more times during High School.**

**Qualifying students will receive a Red Recognition Cord.**

\* Due to the COVID19 pandemic, CORD recognition requirements for the 2020-21 academic year have been changed to three (3) donations or (3) volunteer activities.

**For more details:**  
**GIVEaPINT.org/high-school-hero-cord-program**

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